



INFO SAILING CAMP 2025

Sponsored by:

Rotary Club of Santander, Rotary Club of Santander-Sardinero, Rotary Club of Torrelavega, and Rotaract Club of Cantabria.

This is an outdoor camp where participants will enjoy nature, the sea, sun, beach, and new friendships. Professional instructors will guide the learning process step by step.

Participants will learn everything related to sailing, connecting with nature, and environmental conservation.

They will acquire or improve their sailing skills, combined with excursions and workshops within the community to explore Cantabria's nature and culture.

The participants will stay at Isla de la Torre, located at the entrance of the bay, across from Palacio and La Magdalena Beach. It is a privileged location offering excellent sea and wind conditions. The facilities are equipped to accommodate participants on a full-board residential basis.

SAILING CAMP



3rd Edition

For young people aged 16-19
SANTANDER 2025

The summer course will last one week, from

**Sunday, July 6
to Sunday, July 13, 2025.**



15 spots are available, 2 of which are reserved for participants with disabilities, if the disability does not require the use of a wheelchair. This camp is ideal for participants with sensory disabilities. No nationality restrictions apply.

Everyone is welcome!

Cost: € 570 / USD \$ 590

all-inclusive (except transportation to/from Santander).

Once a spot is confirmed payment can be made. Please read below.

Bank account for payment:

IBAN: ES42 2100 1271 0702 0044 0069 (CAIXABANK)

Account holder: RC Santander-Sardinero

Payment reference: Sailing camp 2025 + participant's full name

SAILING CAMP 2025 ACTIVITY SCHEDULE

DAILY SCHEDULE:

(Subject to changes based on weather conditions and/or availability)

- **8:00 AM:** Wake-up time
 - **8:45 AM:** Breakfast
 - **9:30 AM:** Transfer to the pier
 - **Morning activities**
 - **2:00 PM:** Lunch
 - **3:00 PM:** Sailing course
 - **7:30 PM:** Scheduled activities
 - **9:00/9:30 PM:** Dinner
 - **Rotaract time**
 - **12:00 AM:** Lights out
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DETAILED SCHEDULE

Sunday, July 6

Responsible club: All

- **6:00 PM:** Arrival at the island
 - **7:30 PM:** Group dynamic: Icebreaker activities, challenges, and introductions
 - Official group photo
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Monday, July 7

Responsible club: RC Santander

- Activity: **Sustainable Equestrian Practices and Nature** at Yeguada El Pomar

Responsible clubs: RC Santander-Sardinero and Rotaract Club Cantabria

- **7:00 PM: Discover Santander: A Scenic Tour by Bus**, courtesy of the Santander City Council
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Tuesday, July 8

Responsible club: RC Torrelavega

- Activity:
 - Journey Through Prehistoric Art at the Neocave of Altamira
 - Creative Workshop: Team Collaboration through History

Responsible clubs: Santander-Sardinero and Rotaract Club of Cantabria

- **7:30 PM:** Strategy games around Palacio de La Magdalena

Wednesday, July 9

Responsible club: RC Torrelavega

- Activity: Exploring the Timeless Charm of Santillana del Mar

Responsible clubs: Santander-Sardinero and Rotaract Club of Cantabria

- **7:00 PM:** Beach outing: Beach volleyball and/or paddle games
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Thursday, July 10

Responsible club: RC Santander-Sardinero

- Activities:
 - Exploring Marine Ecology and Astronomy at the Maritime Museum of Cantabria
 - Visit to learn about marine life and ocean conservation
 - Educational session in the museum's planetarium

Responsible clubs: RC Santander-Sardinero and Rotaract Club of Cantabria

7:30 PM: Team building with drums by German Bertolotto

Friday, July 11

Responsible club: RC Santander-Sardinero

- Activities:
 - Eco-Adventure at Somo Beach: Sustainability and Fun
 - Boat tour of Santander Bay
 - Beach activities: paddleboarding, group games

Responsible clubs: Santander-Sardinero and Rotaract Club of Cantabria

- **9:00 PM:** Santander la Nuit: Dance and Party Night
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Saturday, July 12

Responsible club: RC Santander-Sardinero

- Activity: Wildlife Conservation at Cabárceno
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 - **8:30 PM:** Holi Party: Festival of Colors
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Sunday, July 13

Responsible club: All

- - Departure to participants' homes
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REGISTRATION FORM :

Personal Details:

- Name: _____ Surname(s): _____
- Nationality: _____
- Gender: M ___ F ___ Age: _____
- Language(s) spoken: _____
- Email: _____
- Phone: _____

Health Information:

- Allergies, illnesses or disabilities *: _____
-

- Medication *: _____
* (Attach medical report if necessary)

Parental contact Information:

- Father's name: _____
- Phone: _____
- Email: _____
- Mother's name: _____
- Phone: _____
- Email: _____

Emergency contact:

- Name and surname(s): _____
- Phone: _____

Date: _____

Parent's signature: _____

Participant's signature: _____

Contact Person: Nuria Arce Marina

Email: nuriaarce@rotary2202.org

Camp Email: camp.cantabria@rotary2202.org

Phone: +34 629 490 982 (message or WhatsApp)

Please fill out the form (page 6) by hand, scan as a PDF, and send it to: camp.cantabria@rotary2202.org

Once a spot is confirmed payment can be made.